# Duval County Public Schools K-8 Physical Education Requirement Waiver Request 

## SECTION I.

Student Name: $\qquad$ Student Number: $\qquad$
School: $\qquad$ Date: $\qquad$

## SECTION II.

## Statement of Understanding:

It is strongly recommended that all students seek to develop both their mind and body to the greatest extent possible. Daily classes of physical education are essential for all students so they can learn and practice a healthy lifestyle. Section 1003.455, Florida Statutes, requires 150 minutes each week of physical education for students in elementary schools and the equivalent of one class period per day of physical education for one semester of each year for students in middle school. Therefore, the School Board of Duval County requires all students in grades Kindergarten through $8^{\text {th }}$ grade to participate in a daily physical education class. However, per FL Statute 1003.455, a waiver may be requested for the following reasons:

1. Student is enrolled or required to enroll in a remedial course.
2. 

The student enrolls in another course from among those offered as options by the school district $\boldsymbol{O R}$
The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement ( 75 hours per semester).

Student Signature

Parent/Legal Guardian Signature

## Date

Date

## SECTION III.

## Parent Permission:

As a parent/legal guardian of the above named student, I understand and allow the student to substitute his/her participation in physical education by involvement in the following:
$\square$ Enrollment in another course offered as an option by Duval County Public Schools:
Course chosen: $\qquad$
$\square$ Participation in a physical activity, outside of the school day, that consists of no less than 75 hours per semester:
Activity chosen: $\qquad$
Number of weeks per year: $\qquad$
Number of minutes per week: $\qquad$

Parent/Legal Guardian Name Please Print
Date

Parent/Legal Guardian Signature

